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## LATEST FIGURES ON CORONAVIRUS

[Click Here](#)

## LATEST ADVICE

- ▶ [Staying home saves lives.](#)[Read more.](#)
- ▶ [Self-isolate if you travelled or have symptoms.](#)[Read more.](#)
- ▶ [Take care of yourself and others.](#)[Read more.](#)
- ▶ [Get the assistance you need](#)
- ▶ [Find answers to your questions](#)
- ▶ [Download more resources](#)

## POLICIES IN ACTION

- ▶ Extended curfew in effect from Wednesday 25 March until Saturday 28 March 5am. Download details on organizations who may be granted exemptions [here](#).
- ▶ Ban on public gatherings of 10 or more people
- ▶ Non-essential Government operations closed, certain businesses closed ([view full list](#))
- ▶ Restaurants restricted to take-out or delivery
- ▶ Businesses that remain open must provide for social distancing (min 6 ft)
- ▶ Public transport suspended, taxis limited to 2 passengers
- ▶ No sports group gatherings
- ▶ Airports closed to international passengers, travel to the Sister Islands restricted, cruise ships and private yachts banned
- ▶ International arrivals and their households must self-isolate
- ▶ [All Policies in Action](#)

## WE WORK WITH



The Cayman Islands Government will implement a curfew for all three Islands from 7pm Wednesday, 25 March 2020 until 5am, Saturday, 28 March. [Read more.](#)



### EXTENDED CURFEW 24 MARCH

Learn more about the extended curfew enforced on Wednesday 25 March 7pm until Saturday 28 March 5am as part of preventative measures. [Read more.](#)

### PREMIER

### APPEALS TO

### RETURNING

### STUDENTS

At our live press briefing 19 March, Premier Alden McLaughlin expressed confidence returning students understand they are our future leaders and that self-isolation is necessary. [Watch video.](#)

### HOW &

### WHEN TO

### SELF

### ISOLATE

More information on how and when to self-isolate. [Read more.](#)

### LATEST

### NEWS

Get the latest news and updates from the Cayman Islands Government on Coronavirus (COVID-19). [Read more.](#)

### FREQUENTLY

### ASKED

### QUESTIONS

Answers on the novel coronavirus (COVID-19) including the most common symptoms, how it spreads, and how we are prepared ahead of any case. [Read More](#)

### EXTEN

### CURF

### MARC

Learn r the ext enforc Wedne March Saturd 5am a prever measl [more.](#)

## WHAT IS CORONAVIRUS (COVID-19)?

Coronavirus or COVID-19 is a new strain of the coronavirus, which was first identified in Wuhan City, China in 2019. COVID-19 is a member of the coronavirus family (a group of viruses) that has never been encountered before.

## WHAT ARE THE SYMPTOMS?

The virus most commonly causes:

- ✓ coughing
- ✓ fever
- ✓ tiredness
- ✓ breathing difficulties

These symptoms are usually mild and begin gradually but commonly occur within 1-10 days after a person has been exposed.

Some people become infected but don't develop any symptoms and don't feel unwell. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty breathing.

## HOW DO I GET MORE INFORMATION?

This official website includes a lot of helpful information, including answers to [Frequently Asked Questions](#) and details of [Policies in Action](#).

If you have medical questions, many resources are available on this website and [www.hsa.ky/coronavirus](http://www.hsa.ky/coronavirus). If you can't find what you're looking for or have a question about your specific situation, contact your regular General Practitioner or the

24-hour Flu Hotline on 1-800-534-8600 or 947-3077 or email [flu@hsa.ky](mailto:flu@hsa.ky). If you have a medical emergency dial 911.

If you have a non-medical question and can't find the answer on this website, contact the National Emergency Operations Centre hotline on 1-800-534-6555 or email [NEOC@gov.ky](mailto:NEOC@gov.ky).

Email [essential@gov.ky](mailto:essential@gov.ky) to discuss the recent curfew and policies.

## REGIONAL TRACKER

Get updates from the Pan American Health Organization [here](#).

### ► HOUSEHOLD GUIDANCE

## HOUSEHOLD GUIDANCE



Stay at home guidance for households with possible coronavirus (COVID-19) infection [Read more](#).

### ► VULNERABLE PEOPLE

## VULNERABLE PEOPLE & THEIR FAMILIES



Information for vulnerable people such as older persons or chronic conditions that place them at high risk and their carers.

[Read more.](#)

► BUSINESS GUIDANCE

**BUSINESS GUIDANCE**



Information on the novel coronavirus (COVID-19) including guidance for businesses. [Read more.](#)

► EDUCATION GUIDANCE

**EDUCATION GUIDANCE**

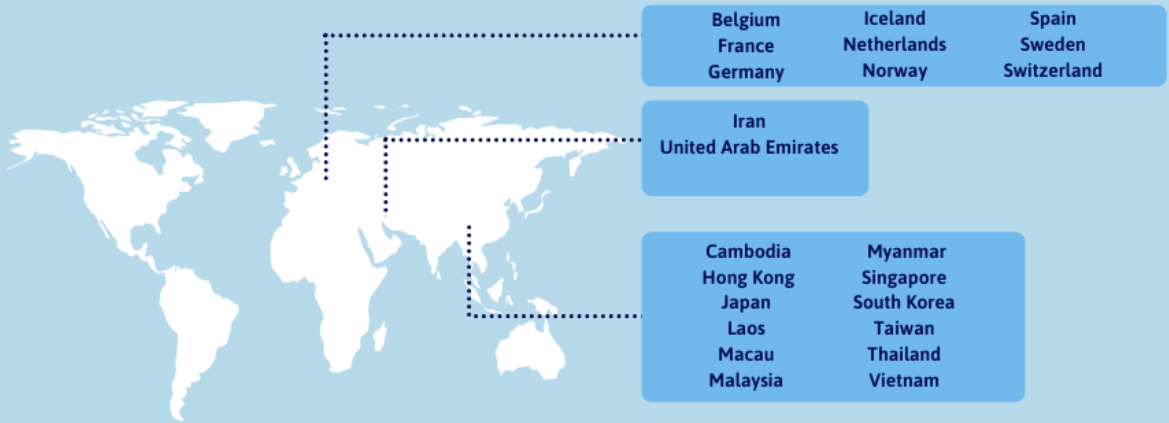


Information for schools and other educational settings in providing advice about the novel coronavirus (COVID-19). [Read more.](#)

► TRAVEL ADVICE

## COVID-19 Countries on Watch

If you have returned from the below countries within the last 14 days, please contact the Public Health Department immediately if you have a cough, fever or shortness of breath on 244-2621 / 244-2561



People should avoid all but essential travel to countries where there appears to be extensive in country transmission of COVID-19  
Please note, this list is subject to change as further updates are received  
HSA.ky/Coronavirus



MINISTRY OF  
HEALTH, ESSENTIAL SERVICES,  
CULTURE & HUMAN SERVICES



PUBLIC HEALTH DEPARTMENT  
CAYMAN ISLANDS  
Keeping People Healthy, Keeping the Islands Safe

Travel advice and restrictions from the Cayman Islands Government. [Read more.](#)

### ► MENTAL WELLBEING

## MENTAL WELLBEING



Information on maintaining your mental wellbeing and safety in the unlikely event of needing to self-isolate. [Read more.](#)

### ► LATEST NEWS

## LATEST NEWS



Information for the public on the worldwide outbreak of coronavirus, including the current situation in the Cayman Islands and information about the virus and its symptoms. [Read more.](#)

### ► PUBLIC HEALTH INFO

**CATCH IT**

**WASH IT**

**TRASH IT**

**CORONAVIRUS**

Public health information about how coronavirus is spread and how to avoid catching or spreading germs [Read more.](#)

### ► RESOURCES

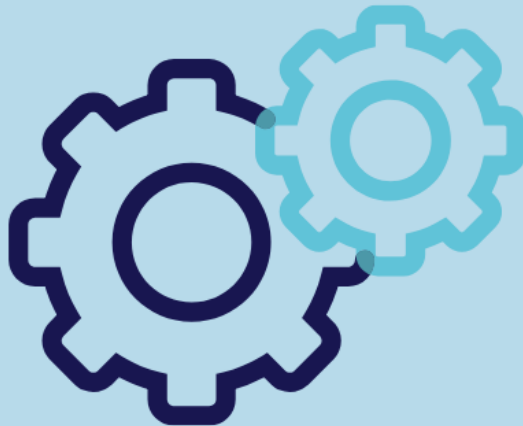
## RESOURCES



Download our on the novel coronavirus (COVID-19) information, graphics and videos [Read more.](#)

### ► FRONTLINE STAFF

## FRONTLINE STAFF



Information for front-line and essential workers on coronavirus in Cayman Islands and information on policies [Read more.](#)

### ► POLICIES IN ACTION

## POLICIES IN ACTION



Information the public on coronavirus policies in Cayman Islands [Read more.](#)

### ► HOTLINES

## HOTLINES



Information the hotlines and contact details for various information on coronavirus in Cayman Islands [Read more.](#)

## CORONAVIRUS

### F.A.Q.S

What is coronavirus? How is it caught & spread?

The information and studies we are receiving on COVID-19 grow by the day, and so does the understanding. The



advice from our Chief Medical Officer is that shared by national public health agencies such as the Centers for Disease Control in the USA, Public Health England and the World Health Organization. [Read more.](#)

#### What is Government doing to address COVID-19?

Here on our official website, you can find the most up to date news and information about Government's response to COVID-19. This includes [Policies in Action](#) to protect our community and save lives.

#### What should I do if I think I have COVID-19?

Unless you require emergency medical care, stay home. Call your General Practitioner or the Flu Hotline on 1 800 534 8600 or 947 3077 for advice if you are not managing. Depending on your symptoms and travel history you will most likely be advised to self-isolate at home. A member of the Health Services Authority will visit you at your home. [Read more.](#)

#### What should businesses do?

The Cayman Islands Government issued advice on how businesses and commerce can prepare ahead of a potential community case. We are also keeping this website updated to reflect the latest policies and advice. [Read more.](#)

[View all of our frequently asked questions on the novel coronavirus.](#)

## PREVENTION TIPS

The best way to protect yourself and others from the spread of this virus is to practice these three tips:

- ✔ Catch it. Catch a cough or sneeze in a tissue. If you have nothing to use, use your elbow and not your hands.
- ✔ Bin it. Bin the tissues after use. Viruses can live for hours in tissues.
- ✔ Kill it. By avoiding close contact with those suffering from acute respiratory illness, avoiding travel if you have flu-like symptoms (or a cough or a fever) we can help kill the virus.

# Coronavirus Prevention Tips

1



frequently **cleanse hands**  
with soap and water or an  
alcohol-based hand sanitizer

## CAYMAN PREPARED

Hazard Management Cayman Islands has overall responsibility for the national Comprehensive Disaster Management programme, including preparedness, response, mitigation and recovery.

HMCI is responsible for the National Emergency Operations Centre (NEOC), which is activated to direct and coordinate the response to national threats. [Read more.](#)

## PRESS ROOM

- ▶ Extended curfew in effect from Wednesday 25 March until Saturday 28 March 5am [Read more.](#)
- ▶ Tuesday, 24 March Government Update [Read more.](#)
- ▶ DCFS Works Remotely from 25 March for Critical Services, Maintains Staffing at Residential Care Facilities [Read more.](#)
- ▶ CIGOUK Focuses on Caymanians in the UK [Read more.](#)

- ▶ [Emergency Travel Hotline Launched for Persons with Urgent Need to Leave the Cayman Islands](#)[Read more.](#)
- ▶ [NAU Issues Preparedness List, Amends Customer-Facing Hours](#)[Read more.](#)
- ▶ [Monday, 23 March Government Update](#)[Watch here.](#)
- ▶ [District Administration Update Lists Changes to Operations in Cayman Brac, Little Cayman](#)[Read more.](#)
- ▶ [Governor Announces Daily Curfew to Begin 24 March \(Note: Curfew Extended to 7pm to 5am\)](#)[Read more.](#)
- ▶ [WORC Details Changes to Operations](#)[Read more.](#)
- ▶ [Public Warned About Account Impersonating Minister](#)[Read more.](#)
- ▶ [Chief Medical Officer Orders 14 Days Self-Isolation for All International Arrivals from 16 March](#)[Read more.](#)
- ▶ [Judicial Administration Details Provisions for Essential Court Services, Modified Business Processes](#)[Read more.](#)
- ▶ [Updates from Ministry on Measures Taken in Education, Agriculture and by Water Authority - Cayman](#)[Read more.](#)
- ▶ [Read all news.](#)

## MORE ON CORONAVIRUS IN THE CAYMAN ISLANDS

YOUR QUESTIONS ANSWERED





The Cayman Islands Government

[Copy Link](#)



CAYMAN ISLANDS HEALTH SERVICES AUTHORITY (HSA)

[Learn more](#)

USA CENTERS FOR DISEASE CONTROL & PROTECTION (CDC)

[Learn more](#)

PUBLIC HEALTH ENGLAND (PHE)

[Learn more](#)

WORLD HEALTH ORGANIZATION (WHO)

[Learn more](#)

CARIBBEAN PUBLIC HEALTH AGENCY (CARPHA)

[Learn more](#)



















































































































































































































































































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FEEDBACK

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# CAYMAN ISLANDS GOVERNMENT